

Start Sheet for the

Northampton & District Cycling Association

25-mile Time Trial (TT Series Event 2 of 7)

Saturday 28 May starting at 2 pm



Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This event is a counting event for the following categories of the N&DCA Time Trial Series Championships, Overall, Ladies, Junior, Masters and Team.

For up to date N&DCA news including the latest points tables visit our website
www.northamptondca.org.uk

Headquarters: Guilden Morden Village Hall, Foxhill Road, Guilden Morden SG8 0JF

Facilities: The HQ will be open from **12.30 pm**. Signing-on and number collection will be at the HQ, as will post event sign-out. A variety of home bakes and other goodies will be on sale.

Parking: Parking will be available in the car park and field beside the HQ.

Timekeepers: Mandy McEvoy and Florence Lendrum

Prize Values	Fastest	Lady	Junior / Juvenile	Masters (1 st in each category: A M50-54 W40-44, B M55-59 W45-49, C M60-64 W50-54, D M65-69 W55-59, E M70-74 W60-64 & F M75+ W65+)	Team of 3
1 st	£15	£9	£9	£9	£18
2 nd	£12	£7	£7	-	£15
3 rd	£10	£6	£6	-	-
4 th	£9	-	-	-	-
5 th	£8	-	-	-	-
6 th	£7	-	-	-	-

Local Regulations: NO U-TURNS are allowed within sight of either the start or the finishing points. Riders carrying out this dangerous manoeuvre are liable for DISQUALIFICATION from the event and further disciplinary action by the district committee.

Cambridgeshire Police stress that all competitors are made aware of the need for good behaviour and consideration towards other road users and local residents in order to avoid any complaints being received.

Ride Safely: The intention is to cross the finish line as quickly as possible and there's no prize for crashing at the highest speed. Vehicles can and do stop on the road so stay alert.

Litter: Riders are reminded that dropping litter (such as gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

National Committee Recommendations: IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard. Helmets are compulsory for Juvenile and Junior riders.

Doping Control: This event may be subject to Doping Control. As soon as you have finished you should return to HQ as it is your responsibility to check if you are required for a Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the results board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure you comply.

Numbers: These will be available at the Event Headquarters, not at the Start. Please ensure that you sign the "Signing-On" sheet and clearly call out your number when crossing the finish line. On returning your number you must also sign out and fill in the time of your return and number. NO SIGNING OUT, NO TIME.

Lights: Working front & rear light, flashing or constant, is compulsory and any rider without one will not be allowed to start.

***** **ALLOW 20 MINUTES TO RIDE TO START** *****

COURSE F14/25

START GR263466, on the Wrestlingworth-Guilden Morden road approx 540yds south of Wrestlingworth cross roads and 460yds north of Common Farm. At the 5th tree, 90yds north of a track entrance.

Proceed south to Guilden Morden where:-

Left onto New Road and continue through Shingay and Wendy to T junction with A1198, where:-

Left to RAB, then:-

Left onto B1042 and proceed to Wrestlingworth cross roads, where:-

Left onto Wrestlingworth-Guilden Morden road and proceed to:-

FINISH GR277448, south of (past) farm entrance, 50yds south of water hydrant sign, 72yds north of 'Bend' sign and 149yds north of '30' sign.

For 25 miles, continue to complete second circuit.

Note: The only motor vehicles associated with the Event allowed near the Start or Finish will be those of the Timekeepers.

Event Secretary: Simon Richardson, 11 Rowan Gardens, Gamlingay, Cambs, SG19 3LU
07515 995537

HQ: Guilden Morden Village Hall, Foxhill Road, Guilden Morden SG8 0JF